



The New Brunswick  
Association of  
**NURSING  
HOMES**

L'Association des  
**FOYERS  
DE SOINS**  
du Nouveau-Brunswick

9th Annual  
Nursing Home Volunteer  
Awards Gala Dinner

*The Volunteer Factor  
Lifting Communities*

 **Jean Coutu**  
Fredericton

**MORNEAU  
SHEPELL** 



Since 2011, the New Brunswick Association of Nursing Home's Volunteer Gala dinner has been an annual event held to honor the contributions of volunteers in nursing homes from around the province. An outstanding volunteer is chosen by each region through a voting process, and provincially recognized by NBANH.

In comparison to the contributions of volunteers, this event is a small way to give back to our invaluable volunteers. Thank you to everyone for joining us this evening!

## *The Volunteer Factor Lifting Communities*

The Volunteer Factor celebrates and recognizes the exponential impact of volunteers and how they lift our communities. The beautiful image of the hot air balloons of different sizes, shapes and colours reflects the diversity of community volunteers. It illustrates that when people volunteer together, the sky is the limit, in terms of what they can achieve. Volunteers visiting people, lifting their spirits and keeping them connected.

Volunteering can also give volunteers a lift. When we volunteer, our spirits are lifted when we have the opportunity to work with others. Our sense of purpose is lifted when we see how our efforts have helped someone else. Our confidence lifts when we gain skills and experience through volunteering, helping us get into a competitive school program or successfully find a job. What lifts your chances to achieve your goals...It's the Volunteer Factor!

### *2019 Volunteer Recipients*

Region 1 - Kathleen Wright, Salvation Army Lakeview Manor

Region 2 - Catherine McGinnis, Embassy Hall

Region 3 - John Larsen, Victoria Glen Manor

Region 4 - Edna Deschamps, Foyer Notre-Dame de Saint-Léonard

Region 5 - Alden Appleby, Dalhousie Nursing Home

Region 6 - Rita Labrie, Villa Beauséjour Inc.

Region 7 - Léo Comeau, Complexe Rendez-vous Inc.

« Remember that the happiest people are not those getting more, but those giving more »  
-H. Jackson Brown Jr.



**GREETINGS FROM NBANH**

We are pleased to host our 9<sup>th</sup> Annual Volunteer Gala event. This year’s theme “The Volunteer Factor – Lifting Communities”, has many layers of meaning. This is demonstrated in their efforts that enriches the lives of residents; through the act of giving time which is limited for so many; value in commitment and dedication that allows nursing homes to count on volunteer support; and in the reflection of the local community’s character in caring for their vulnerable citizens. We are honored to recognize the volunteers that bring so much value every day to our homes. We congratulate the regional volunteers at the gala this evening and express a special thank you to all nursing home volunteers during this national volunteer week.



*Jodi Hall*  
Executive Director  
NBANH



*Roger Levesque*  
President  
NBANH

On behalf of the Board of Directors and all members of the NBANH, we congratulate the award recipients and express our infinite gratitude for the light and beauty you bring our homes and residents every day.

**MESSAGE FROM OUR LIEUTENANT GOVERNOR**



*Hon. Jocelyne Roy Vienneau*  
Lieutenant Gouverneur  
Province of NB

Bonjour, I want to offer my sincere thanks and appreciation to the members of the New Brunswick Nursing Homes Association.

Notre population vieillissante signifie que notre système de soins de santé connaît plus de pression. You offer more than healthy living for seniors.

You provide independence, security, friendship, a better quality of life for residents of the more than 60 nursing homes in all corners of our province.

Tout au long de notre histoire, les gens se sontentraidés - par le biais de bons et de mauvais moments, souvent au prix de grands sacrifices personnels.

We are ONE New Brunswick. Nous sommes UN Nouveau-Brunswick. Je vous remercie de votre humanité.



## MUSICAL PERFORMANCE



The Garry Hansen Jazz Quartet has been performing its popular blend of jazz and latin standards at private functions and public concerts throughout New Brunswick since 2004. Led by well-known Fredericton guitarist Garry Hansen, the Quartet is composed of veterans of the New Brunswick jazz scene: alto sax wizard Craig Woodcock, bassist Chad Ball, and award-winning music educator Don Bossé on drums.

## DID YOU KNOW?



12.7 million Canadians volunteer



6 in 10 Canadians volunteer



On average, we volunteer 154 hours per week in Canada



65 to 74 year old Canadians are the most generous, volunteering 231 hours annually.

That is 4.5 hours a week!





**KATHLEEN WRIGHT  
SALVATION ARMY LAKEVIEW MANOR  
REGION 1 VOLUNTEER RECIPIENT**

Kathleen Wright has been a dedicated volunteer of The Salvation Army Lakeview Manor since April of 2014. She is so giving of her time; whether she's there for an activity (she's involved in many) or going in to sit with a resident who is palliative, or even taking a resident to an appointment, we can always count on Kathleen to be there. She has gone on many social outings as well including; the zoo, concerts and restaurants.

She can also be seen checking in with the care staff to see how each resident is doing. She truly cares about each resident of the Manor. One thing about Kathleen that those close to her would know, is that she LOVES birthdays! She enjoys celebrating the resident's birthdays and is eager wish them well on their big day. She has a

kind and gentle spirit that cannot go unnoticed. We love and appreciate her so much and are all so thankful for all the time she gives, to improve the quality of life of our residents.

"Kathleen is someone who really brightens our day. I really enjoy Friday morning social time and trivia."

-Resident

"Kathleen is a great encourager. She has recruited various volunteers to come in and give of their time."

-Staff member

"She is so great with the residents. She has a calm and gentle approach"

-Staff member

"Kathleen is so deserving of this award, she is so attentive to the residents and she really cares for each of them"

-Family member





**CATHERINE MCGINNIS  
EMBASSY HALL  
REGION 2 VOLUNTEER RECIPIENT**

Catherine McGinnis has been a volunteer at Embassy Hall since we opened 9 years ago. Catherine is a volunteer who goes above and beyond for all our residents here. She is the first to go into the rooms and introduce herself to our newest residents, welcoming them to our facility and easing their anxiety. When there is an outing, she is our extra set of hands and eyes, who is always eager to go along with us. When our residents become palliative, Catherine sits with them, prays with them and comforts the family along this sad journey.

Every week, Catherine shows up and helps to gather our residents for bingo. She attends our bingo sessions and sits with 3 or 4 others to oversee their cards, helping them to identify the called numbers, she helps them to use their fine motor skills passing them their own chips to be placed on their cards and encouraging them to always play along.

Many times, a week we have music and once the music begins, it isn't long before we see Catherine dancing with our residents, or even just holding their hands and swinging their arms to the beat if they are in a wheelchair. Church services are every Tuesday afternoon and no matter what the denomination of religion, Catherine attends and helps us to assist the residents. She is a pleasure to have around and help us with our residents. In our eyes and the eyes of our residents she is very deserving of this award.





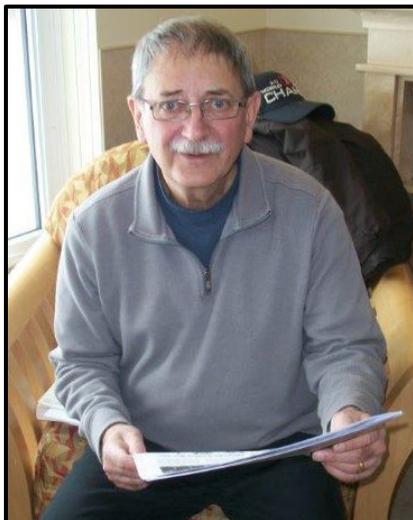
**JOHN LARSEN  
VICTORIA GLEN MANOR  
REGION 3 VOLUNTEER RECIPIENT**

John Larsen has been an active member of the Village of Perth-Andover for many years. John moved from New Denmark to Perth-Andover in 1971. In 1978, he married Beth Inman, and they have resided in Perth-Andover ever since.

John was a teacher for 25 years at the middle school in the community, where he later became principal, and eventually worked for the School Board in the District Office.

John has been a volunteer at Victoria Glen Manor for 10 years, in several capacities. John meets with residents weekly to read the two local newspapers and lead a conversation about current events. His belief is that the residents are still part of the community and it is important to stay connected in whatever way possible with what has been familiar to them for many years. The group has even taken to predicting what juicy news will be in next week's paper!

John has a bus license; he transports up to 16 Residents on shopping trips to Grand Falls, or on fall tours of the Saint John River Valley, including areas where the residents previously resides, like Tilley and Lake Edward. The fall leaf tours are the most popular, when the residents enjoy the beauty of the season.



In addition to volunteering at the Manor, John has been a member of the Rotary since the 1980's, a member of the Elks Lodge for 40 years and drives the Perth-Andover bus which transports teenagers to events. Until 2006, John was a coordinator and coach for the local Junior Curling program and played an instrumental role in the Recreation Commission Committee which supported local hockey. John is currently a volunteer with the River Valley Thunder Senior Hockey Team as the home game manager, where he coordinates security, announcers, and the 50-50 fundraiser draw.

John has dedicated his life to others, which is apparent from his career choices to his volunteer activities. Perth-Andover is blessed to have a role model like John in the community.



**EDNA DESCHAMPS  
FOYER NOTRE-DAME DE SAINT-LÉONARD  
REGION 4 VOLUNTEER RECIPIENT**

Ms. Edna Deschamps started volunteering at the Foyer Notre-Dame de Saint-Léonard in 1990. Since then, she has accompanied residents at bingo, the chapel, the hairdresser and while listening to music and taking walks outside. She is always available to help with the home's special activities.

We can attest that Edna is a very hardworking and engaged volunteer. Last year, she spent more than 525 hours volunteering at the Foyer while still volunteering in the community as well. Her indispensable support allows residents to participate in activities.



Edna loves to volunteer with the elderly and frail; she cherishes them as if they were her grandparents. Edna never knew her own grandparents, as they died when she was very young. The love she wishes to express to them can be seen in the affection she has shown residents for many years now.

On behalf of the residents, the board of directors, staff and volunteers, we wish to extend our sincere thanks to Edna for the dedication she has shown residents throughout 29 years of volunteering at the Foyer Notre-Dame de Saint-Léonard. Congratulations Edna! We're very proud of you for winning the 2019 volunteer award for Region 4. Madame Edna Deschamps a commencé à faire du bénévolat au Foyer Notre-Dame de Saint-Léonard en 1990. Depuis ce temps, elle accompagne les résidents au bingo, à la chapelle, chez la coiffeuse, à la musique et elle prend des marches dehors avec eux. De plus, elle est toujours disponible pour les activités spéciales qui se déroulent au foyer.





**ALDEN APPLEBY  
DALHOUSIE NURSING HOME  
REGION 5 VOLUNTEER RECIPIENT**



For many years, Alden Appleby gave generously in service to our nursing home. He was a board member for 17 years, serving as President for 15 of those years. He also served as a member on the Board of Directors for NBANH.

He led with passion, inspired by our Vision of “ a community that supports and cares about aging and vulnerable adults at every stage of their journey”. While he was committed to our mission of providing excellent care and service to our residents, early on he recognized the need to replace the nursing home facility that was outdated and badly in need of major repairs. From then on, he worked tirelessly with the board and management team to secure the approval and funding for a new facility. He oversaw the many challenges that resulted in the realization of the dream of our new facility, Villa Renaissance.

Along with his commitment to the residents of the villa, he firmly believes that the expertise found in nursing homes should extend beyond the walls of the building and be made available to those in the broader community. He has encouraged the management team as they explore options for developing outreach projects to promote aging in place.



He was supportive of the Dalhousie Nursing Home Foundation which was established during his term as president.

Alden always took time from his busy schedule to attend meetings whether they were scheduled or called on short notice. He never objected to travelling for meetings with the nursing home network, government officials or Ministers, always advocating for the aging and vulnerable people we serve.

He participated in special activities for the residents and other events such as employee and volunteer recognition celebrations. He has a great sense of humour which can lighten tensions and ease discussions. Once business is taken care of, he enjoys socializing and is a gifted story teller with many stories to share. He can be the life of a party with his musical skills.

His decision to relocate from Dalhousie has been a loss to our villa family since we have no doubt that he would continue to be a dedicated and influential force in our home and community for years to come. There are no words to adequately express our gratitude for all he has done.



**RITA LABRIE  
VILLA BEAUSÉJOUR INC.  
REGION 6 VOLUNTEER RECIPIENT**

Ms. Rita Labrie is a nurse by training. She received a degree from the Bathurst School of Nursing in 1969. She also completed a Bachelor of Nursing and a Master of Administration at Moncton University. She pursued a career in health in the Kedgwick/Saint-Quentin area, later ending up at Fredericton's Department of Health in 2002.

Rita's move to Caraquet in 2005 did nothing to slow down her volunteer work. She has been involved with Dames d'Acadie, the parish choir, the parish management committee, the hospital auxiliary shop, Sainte-Anne-du-Bocage Sanctuary, the hospital advisory committee, and other activities in the province.

Since 2005, Rita has spent many hours volunteering. She started by volunteering as a chorister during the parish's church services. She then facilitated sensory stimulation sessions with music for residents with dementia. She has always prepared visuals for Mass and lent her voice to the recreation department's group of musical performers. In addition, she is currently a member of the Villa Beauséjour Board of Directors. Most important to her, however, are the decorations that liven up the home all year long and vary depending on the occasion and the traditions in question. She is very proud to brighten the daily life of the residents and their families by providing them with an environment that promotes their wellbeing.

Breaking the monotony of the institutional environment, Rita's work sets the scene for different seasonal events in the community, which helps residents situate themselves in time. She definitely stands out among our volunteers, who appreciate the work she does to improve the quality of life of Villa Beauséjour residents.

Rita has been married to Rosaire for 48 years. She is the mother of Christian, Natacha and Sébastien as well as a loving grandmother to seven grandchildren.





**LÉO COMEAU  
COMPLEXE RENDEZ-VOUS INC.  
REGION 7 VOLUNTEER RECIPIENT**

In addition to being a devoted, persevering and generous individual, Léo Comeau is a philosopher whose determination and ambition made it possible to establish a nursing home in his community. Mr. Comeau was born in a family of eight children on May 20, 1943 in Comeau Settlement. He met Mrs. Jacqueline Vautour whom he married in 1968. She gave birth to two sons, René and Michel (deceased at a young age). He retired from a 32-year teaching career in 1996. Since 1968, Mr. Comeau has been an active member of more than 22 community associations and committees.



In 2006, with the help and support of the MLA and municipality, he took part in the creation of a volunteer committee aimed at pursuing the idea of a nursing home. Thanks to his persuasiveness, the project of the Complexe Rendez-Vous saw the light of day. He greatly contributed to the Complexe's recruitment by constantly listening to people. He distinguished himself by providing a source of encouragement and by allowing everyone to hope for endless possibilities. He devoted countless hours to the home's development by being supportive and by taking part in all of the Board of Directors' and Advisory Community Committee's meetings.

Knowing that many different items would be needed to improve the life of residents, his mission was to raise funds. It is through his commitment to the Néguaac Golden Age Citizen Club that he launched the Chase the Ace fundraiser. Thanks to these funds, the Complexe Rendez-vous offers its residents a rewarding and gratifying environment.

Mr. Comeau still regularly visits the Complexe and he is always willing to offer his help. His remarkable dedication and his willingness to ensure the well-being of the Complexe do not go unnoticed.



Mr. Comeau was also part of a community committee aimed at establishing a new health clinic and affordable apartments which could be attached to the Complexe Rendez-vous. His dream is still alive, but his objective if first and foremost to keep on making a difference.



The New Brunswick  
Association of  
**NURSING  
HOMES**

L'Association des  
**FOYERS  
DE SOINS**  
du Nouveau-Brunswick

1133 Regent Street, Suite 206  
Fredericton, NB E3B 3Z2  
T: (506) 460-6262 F: (506) 460-6253  
[www.nbanh.com](http://www.nbanh.com)

1133 rue Regent, bureau 206  
Fredericton, N.-B. E3B 3Z2  
T: (506) 460-6262 F: (506) 460-6253  
[www.nbanh.com](http://www.nbanh.com)